



MENU SHEET



Week 1

Type of Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk
Snack	Apples and Pear with Milk	Carrot sticks and Cheese and Milk	Tangerine and Banana and Milk	Apple and Cucumber Sticks	Pear and Breadsticks with Milk
Lunch	Main: Spaghetti Bolognese with Mixed Vegetables, Salad with Radish , Coleslaw Dessert: Melon	Main: White Rice with Chicken and Tomato Stew, Salad and Coleslaw Dessert: Tangerine	Main: Mash Potato, Sausages, Gravy, Seasonal Mixed Veg, Salad and Coleslaw Dessert: Plum	Main: Baked Tomato Pasta Steamed Carrots Salad and Coleslaw Dessert: Pear	Main: Chips, Fish Fingers, Beans, Steamed Broccoli, Salad and Coleslaw Dessert: Jelly and Ice Cream
Tea	Beans with Sausages on Toast	Pizza, Salad and Juice	Spinach Soup and Toasted Fingers	Chicken Roll Sandwich and Juice	Vegetable Noodles

Dietary needs/Allergies are taken into consideration when preparing menus





MENU SHEET



Week 2

Type of Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk
Snack	Carrot sticks, cheese, and milk	Apple and Banana	Pear and Tangerine	Breadsticks and Apple	Banana and Pear
Lunch	Main: Shepherd's Pie, Salad and Coleslaw and Steamed Baby Corn Dessert: Pineapple	Main: Jollof Rice with Chicken Sauce, Salad and Coleslaw Dessert: Tangerine	Main: Roast Potato with Fish Fingers, Gravy Steamed Broccoli and Coleslaw Dessert: Jelly with Fruit Cocktail	Main: Tuna Pasta with Mixed Vegetables, Salad with Mixed Peppers and Coleslaw Dessert: Watermelon	Main: Chips, Chicken Goujons, Baked Beans, Salad and Coleslaw Dessert: Plum
Tea	Brioche and Yoghurt with Raisins	Carrot Soup, Toasted Fingers	Chicken Roll Sandwich with Juice	Baked Beans with Sausages on Toast	Pizza, Salad and Juice





MENU SHEET



Week 3

Type of Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk
Snack	Breadsticks and Tangerine	Pear and Apple	Carrot sticks, cheese, and milk	Tangerine	Apple and Banana
Lunch	<p>Main: Curry Rice with Mixed Vegetable Stew,</p> <p>Steamed Broccoli ad Salad and Coleslaw</p> <p>Dessert: Mango</p>	<p>Main: White Sauce and Mixed Vegetables Penne Pasta,</p> <p>Mixed Peppers and Coleslaw</p> <p>Dessert: Melon</p>	<p>Boiled Potato with Tomato and Spinach Stew</p> <p>Salad and Coleslaw</p> <p>Dessert: Plum</p>	<p>Main: Red Kidney Bean Rice with Jerk Chicken</p> <p>Steamed Carrots, Salad and Coleslaw</p> <p>Dessert: Cake and Custard</p>	<p>Main: Chips, Fish Fingers, Baked Beans,</p> <p>Mixed Season Vegetables, Salad and Coleslaw</p> <p>Dessert: Tangerine</p>
Tea	Butternut Squash Soup, Toasted Fingers	Yoghurt, Digestives and Raisins	Pizza, Salad and Juice	Cheese and Crackers with Cherry Tomato	Jam and Butter Bagels with Chocolate Milk





MENU SHEET



Week 4

Type of Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk	Choice cereal, toast, breakfast biscuit and milk
Snack	Cucumber sticks, cheese, and milk	Tangerine and Pear	Carrot sticks and bread sticks	Pear and Apple	Banana and Tangerine
Lunch	Main: Mash Potato with Sausages and Gravy, Salad and Coleslaw Dessert: Jelly and Cream	Main: Jacket Potato, Baked Beans, Cheese, Steamed Carrots and Salad and Coleslaw Dessert: Melon	Main: Lasagne Steamed Broccoli, Salad and Coleslaw Dessert: Pineapple	Main: Stir Fry Vegetable Noodles Salad and Coleslaw Dessert: Tangerine	Main: Chips, Chicken Nuggets/Goujons, Gravy Steamed Broccoli Salad and Coleslaw Dessert: Mango
Tea	Vegetable Noodles	Chicken Burger and Salad	Digestives and Yoghurt	Broccoli and Carrot Soup, Toasted Fingers	Brioche and Raisins

